

OCTOBER 2023

Belmont -Harrison Career Centers

LUNCH



School Information: THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE WITHOUT NOTICE



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

CHICKEN PATTY SANDWICH
GREEN BEANS
FRUIT
MILK **2**

TUESDAY

TACO WRAP
CORN,
REFRIED BEANS
FRUIT MILK **3**

WEDNESDAY

Cinnamon Roll Day
BAKED PENNE
CASSEROLE
SIDE SALAD, ROLL
FRUIT MILK **4**

THURSDAY

SMOKEHOUSE BBQ
PORK SANDWICH
COLE SLAW
BAKED BEANS
FRUIT, MILK **5**

FRIDAY

PIZZA
BROCCOLI AND
CHEESE
FRUIT
MILK **6**

CHILI DOG
PARSLEY POTATOES
FRUIT
MILK **9**

FIESTA PIZZA
CORN
REFRIED BEANS
FRUIT
MILK **10**

POPCORN CHICKEN
BOWLS
ROLL
FRUIT
MILK **11**

PHILLY CHEESE STEAK
SUB
PIEROGIES
FRUIT
MILK **12**

CALZONE
CALIFORNIA BLEND
FRUIT
MILK **13**

CHICKA BOOM BOOM
SANDWICH
CARROTS
FRUIT
MILK **16**

TACO IN A BAG
CORN
REFRIED BEANS
FRUIT
MILK **17**

CHICKEN ALFREDO
PEAS
FRUIT
MILK **18**

MEATBALL SUBS
POTATO SALAD
FRUIT
MILK **19**

BREAD STICKS
BROCCOLI AND
CHEESE
FRUIT
MILK **20**

CHEESEBURGERS
MIXED VEGETABLES
FRUIT
MILK **23**

FAHITA CHICKEN
WRAP
CORN,
REFRIED BEANS
FRUIT MILK **24**

TOMATO SOUP
GRILLED CHEESE
CARROT STICKS
FRUIT
MILK **25**

ASSORTED FLAVORS
CHICKEN WINGS
POTATO WEDGES
FRUIT
MILK **26**

PIZZA
CALIFORNIA BLEND
FRUIT
MILK **27**

PANNI SANDWICH
GREEN BEANS
FRUIT
MILK **30**

Halloween
MINI CORNDOGS
FRIES
FRUIT
MILK **31**

