## APRIL 2024

## Belmont -Harrison Career Centers



School Information THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE WITHOUT NOTICE.



**Nutrition Tip:** Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April Fool's Day	BLUEBERRY BREAD OR UMB OATMEAL BREAKFAST COOKIE FRUIT YOGURT, MILK , JUICE	ASSORTED PANCAKES FRUIT YOGURT MILK, JUICE	PARFAITS FRUIT YOGURT MILK ,JUICE	MINI CARMEL BAGELS FRUIT YOGURT MILK ,JUICE
WAFFLES 8 FRUIT YOGURT MILK, JUICE	FRENCH TOAST FRUIT YOGURT MILK, JUICE	ASSORTED MUFFINS FRUIT YOGURT MILK , JUICE	PARFAITS FRUIT YOGURT MILK ,JUICE	CINNAMON ROLLS FRUIT YOGURT MILK, JUICE
COLBY CHEESE OMLETTE ON A BAGEL FRUIT YOGURT MILK	BREAKFAST PIZZA OR TEXAS APPLE CINNAMON TOAST FRUIT YOGURT MILK, JUICE	PANCAKE WRAPS FRUIT YOGURT MILK ,JUICE	PARFAITS 18 FRUIT YOGURT MILK ,JUICE	DONUT OR DONUT HOLES FRUIT YOGURT MILK, JUICE
Earth Day STRAWBERRY OR CINNAMON BAGELS YOGURT, FRUIT, MILK	FRUDELS OR MINI CARMEL BAGELS FRUIT YOGURT MILK ,JUICE	BANANA OR BLUEBERRY BREAD FRUIT YOGURT MILK ,JUICE	PARFAITS 25 FRUIT YOGURT MILK ,JUICE	CINNAMON ROLLS FRUIT YOGURT MILK ,JUICE
ASSORTED PANCAKES 29 FRUIT YOGURT MILK, JUICE	WAFFLES 30 FRUIT YOGURT MILK, JUICE			